

## **Hard Biscuits for Dogs and Cats**

1 cup of whole wheat flour

2 tablespoons wheat germ

¼ cup bran flakes

¼ cup soy flour

1 tablespoon molasses

2 tablespoons oil or fat

1 tablespoon kelp or salt

1 teaspoon sage

½ teaspoon bone meal

1/3 cup milk or water

Mix all ingredients together. Knead and shape into crescents, rounds or sticks for dogs. For cats, roll out and cut into narrow strips or ribbons. Bake 25-30 minutes in a moderate oven (350 Degrees) until lightly toasted. Watch the narrow strips as they tend to get done sooner than the others. If the biscuits are not hard enough, leave them in the oven with the heat turned off for an hour or as long as desired.

## **Healthy Cat and Dog Cookbook**

Joan Harper, copyright 1984